



ROSECRANCE SUBSTANCE ABUSE TREATMENT SERVICES

Adolescent Drug Terminology: 2018-19 Edition



CBD

Abbreviation for Cannabidiol (one of the active ingredients in the cannabis plant). CBD is not psychoactive (mind-altering) in its pure form and is used in an FDA approved medication to reduce seizures in children with rare forms of epilepsy. However, CBD oils sold in stores and online are not regulated or tested. They often contain inconsistent amounts of CBD or have other ingredients like tetrahydrocannabinol (THC), the psychoactive ingredient in cannabis. This has led to cases of acute poisoning, seizures, hallucinations, loss of consciousness, nausea, and vomiting.



K2/Spice

Most widely known specific names for types of synthetic marijuana. Industrial chemicals that are intended to be similar to the effects of cannabis are sprayed on pieces of dried plant material. They are sold in colorful wrappers as 'herbal incense', but use can lead to rapid heart rate, vomiting, and hallucinations when smoked. In April 2018, four people died and 153 others reported becoming sick in Illinois from consuming synthetic marijuana that was laced with rat poison. Their symptoms included coughing up blood, blood in the urine, nose, or gums, and internal bleeding.



Kratom

A tropical tree (*Mitragyna speciosa*) native to Southeast Asia with leaves containing compounds that can have mind-altering effects. Most commonly it is consumed orally in a pill, capsule, or extract. The FDA in February 2018 determined that there is no evidence that Kratom is safe or effective at treating any conditions. Some have used it for chronic pain or treating opioid withdrawal. Side effects can include nausea, vomiting, and constipation. More severe side effects include decreased breathing, seizure, addiction, and psychosis. Other side effects may include high heart rate and blood pressure, trouble sleeping, and liver toxicity.



Phix

A vaping product from ECS Global (\$35) that is similar to the Juul in design (looks like a long flash drive but is diamond vs. rectangular shape). Each pod contains 1.5ml of e-liquid which is approximately twice as much as Juul pods (0.7ml). The e-liquids in the pods for this device contain 5% nicotine which is a higher amount than other vaping products. It has been referred to as a 'Juul on steroids.' It comes in a variety of flavors appealing to youth including strawberry, butterscotch, and spearmint.



Suorin Drop

Another common vaping product manufactured by Goldreams Technology in China that has grown in popularity in the past year. It is appealing to youth because it's refillable and comes in an appealing teardrop shape and a variety of colors. Users also can fill the device (retails around \$30) with a wide variety of flavored liquids similar to the Juul. Although it is commonly used to ingest nicotine e-liquids, it can be used to consume cannabis liquids as well.

More information on the reverse side